



LAKE COUNTY
FLORIDA

TORNADO SAFETY

In a house with no basement or an apartment:

Avoid windows. Go to the lowest floor small center room (like a bathroom or closet), under a stairwell, or in an interior hallway with no windows. Crouch as low as possible to the floor, facing down and cover your head with your hands. A bath tub may offer a shell of partial protection. Even in an interior room, you should cover yourself with some sort of thick padding (mattress, blankets, etc.) to protect against falling debris in case the roof and ceiling fail.

In a car or truck:

Vehicles are extremely dangerous in a tornado. Avoid seeking shelter under bridges, which can create deadly traffic hazards while offering little protection against flying debris. If the tornado is visible, far away, and the traffic is light, you may be able to drive out of its path by moving at right angles to the tornado. Otherwise, park the car as quickly and safely as possible — out of the traffic lanes. Get out and seek shelter in a sturdy building. If in the open country, run to low ground away from any cars (which may roll over on you). Lie flat and face-down, protecting the back of your head with your arms.

In an office building, hospital or nursing home:

Go directly to an enclosed, windowless area in the center of the building — away from glass. Then, crouch down and cover your head. Interior stairwells are usually good places to take shelter, and if not crowded, allow you to get to a lower level quickly. Stay off the elevators; you could be trapped in them if the power is lost.