

# LAKE COUNTY ELDER AFFAIRS ELDER EXPO

## A Tour of Good Health, Good Food and Gardens

LAKE COUNTY AGRICULTURE CENTER

1951 Woodlea Road

TAVARES, FL

September 23, 2008

9:00A.M. Until 1:30 P.M.

*Free Admission*

Door Prizes Health Screenings Pneumonia Shots Operation Medicine Chest Ice Cream

8:30 AM **Registration Begins**

8:45 AM

9:00 AM **Welcome**

9:15 AM **Stroke/Brain Injury-Speaker**

9:30 AM **Training Room A**

**Discovery Gardens**

**Cooking Demonstration**

9:45 AM

**Tour**

**Training Room B**

10:00 AM **Door Prize Drawing**

10:15 AM **Wills/Trusts/Estates - Speaker**

**Discovery Gardens**

10:30 AM **Training Room A**

**Tour**

10:45 AM **Door Prize Drawing**

11:00 AM **Cooking Demonstration**

11:15 AM **Training Room B "Cooking for 1 or 2"**

11:30 AM **Financial Planning -Speaker**

11:45 AM **Training Room A**

12:00 PM

12:15 PM **Discovery Gardens Tour**

12:30 PM **Stroke/Brain Injury-Speaker**

12:45 PM **Training Room A**

1:00 PM

1:15 PM **Discovery Gardens Tour**

1:30 PM **Door Prize Drawing**

1:40 PM **Closing**

Hosted By Lake County Elder Affairs Council



LAKE COUNTY  
FLORIDA

Questions - Please Call 742-6503 (Brenda Quattlebaum) or 742-6502 (Allison Thall)