

Did you know?

Personalized resources are available to you – at no additional cost.



Did you know that if you or your child wake up during the night with a fever, you have access to a nurse for advice?

The nurseline¹ is always open at 1-877-789-2583.

Are you a mom-to-be who would like to join Healthy Addition — a program designed to help you have a healthy pregnancy?

To join Healthy Addition, call 1-800-955-7635, Option 6.



Did you know that a health assessment can give you a clearer picture of your overall health?

In just 15 minutes, you'll find out what steps you can take to reduce your risks for a heart attack, stroke and other serious conditions.

Log in to floridablue.com to take a Personal Health Assessment or meet with a nurse, in person, at a Florida Blue Center.

Go to floridablue.com for locations.



Did you know that if you're planning a medical procedure or dealing with a health condition, such as diabetes or COPD, you can get personalized help from a nurse?

Our Care Consultants are experts when it comes to connecting you with a dedicated nurse, explaining quality care and treatment options, and helping you save money along the way.

Our Care Consultants and nurses are waiting to help you. Call 1-888-476-2227, or stop in a Florida Blue Center.

Go to floridablue.com for locations.

Florida Blue 
In the pursuit of health[®]

¹ As a courtesy, Blue Cross and Blue Shield of Florida, Inc., D/B/A Florida Blue, has entered into an arrangement with Health Dialog[®] to provide this service. Florida Blue has not certified or credentialed, and cannot guarantee or be held responsible for, the quality of services provided by this vendor. Please remember that all decisions pertaining to medical/clinical judgment should be made with your physician or other health care provider. Florida Blue and Health Dialog[®] do not provide medical care or advice.

Florida Blue is an Independent Licensee of the Blue Cross and Blue Shield Association.

71380-0313