

# GET OUT and STAY ALIVE

## Getting Out

If you are caught in a fire situation, survival is your top priority.

### Feel the Door Handle

- If the door handle is hot, don't open it
- Go to a window and call for help
- If the handle is not hot, open cautiously
- Check for smoke or fire before going out

### Get Out of the Building before Phoning for Help

- Don't take time to phone before leaving
- Get out and find a phone

### Pull the Fire Alarm on Your way Out - Don't Look for Other People or Gather up Your Stuff

- Knock on doors as you leave
- Yell "**FIRE!**" as you leave
- Don't hesitate or stray from your path as you leave

### Crawl Low to the Floor

- Thick smoke can make it impossible to see
- Toxic chemicals from smoke can be deadly in minutes

### Close the Door behind You

- You may help keep the fire from spreading
- You may protect your possessions from fire and smoke damage

### If You can't get Out, get Someone's Attention

- Yell and scream
- Stay low, there is less smoke and poisonous gasses close to the floor

## Prevention

Fires can be prevented from starting if you take some simple precautions.

### Take Responsibility for Prevention

- Assign a non-impaired "event monitor"
- Clean up immediately after parties and take all trash outside
- Do not overload electrical outlets
- Keep space heaters and halogen lamps away from flammables
- Put out candles and incense when unattended
- Extinguish all smoking materials thoroughly
- Don't smoke while tired or impaired

## **Protection**

Protect yourself from becoming trapped in a fire situation.

### **Check Smoke Alarms**

- Be sure they are in proper working condition
- Install new batteries at the beginning of each semester

### **Plan Escape Routes**

- Know where all exits are located in the building
- Practice your escape plan

### **Take Fire Alarms Seriously**

- Do not ignore fire alarms
- Do not wait to see fire or smoke
- Do not worry about grabbing your stuff

### **Make a Plan**

Make a plan for your own fire safety and protection.

- Check to make sure your smoke alarms are working - Change the batteries
- Find all possible exits from your room or residence
- Make a fire escape route plan that includes two escape routes
- Practice your fire escape route plan
- Perform a "home inspection" for fire and safety hazards
- Tell your roommates about your plan
- Call your local fire department for more information about student

Adapted from the Federal Emergency Management Agency (FEMA) - U.S. Fire Administration website.